



For immediate release

Resonances. From Their Lives To Ours: The New Permanent Exhibition of Le Musée du Monastère des Augustines

Québec City, December 17, 2025 — Le Musée du Monastère des Augustines is pleased to announce the official opening of its new permanent exhibition, *Resonances. From Their Lives To Ours*. This exhibition invites visitors to enter into dialogue with the heritage of the Augustinian Sisters. Through a visitor journey that brings together heritage and well-being, guests are encouraged to let the history of the Augustinian Sisters resonate within their own lives. What if the past could help us better inhabit the present?

Resonances invites the public to discover these visionary women who devoted their lives to care, compassion, and the transmission of singular knowledge. Archives, artifacts, and immersive installations allow visitors to explore the spiritual, social, and cultural reach of this heritage.

The exhibition coincides with the 375th anniversary of the birth of Sister Saint-Ignace, one of Canada's first historians. Her work—marked by rigor and a deep concern for memory—inspired the narrative approach of *Resonances*, which seeks to give voice to the Augustinian Sisters and to open a space for reflection on care and heritage.

Caring Museum

Le Musée du Monastère positions heritage as a lever for individual and collective well-being. Inspired by the concept of the caring museum, the *Resonances* exhibition adopts an approach grounded in openness, well-being, and respect. The exhibition highlights the heritage of the Augustinian Sisters in all its dimensions—material, intangible, social, and spiritual—and underscores the contribution of these women to the history of health care in Québec. Drawing on the latest developments in women's and health history, socio-ecological transition, museology, and sustainable health, *Resonances* explores the potential of heritage as a source of renewal. Through sensitive and inclusive interpretation, *Resonances* invites each visitor to weave their own relationship with this shared and plural memory.

The exhibition *Resonances. From Their Lives To Ours* will be open to the public as of December 18. It can be visited daily from 10 a.m. to 5 p.m. with the purchase of a ticket online or on site at Le Monastère's reception desk, located at 77 Rue des Remparts in Québec City.

About Le Monastère des Augustines

Le Monastère des Augustines occupies the historic wings of the Hôtel-Dieu de Québec monastery (1639), the site of the first hospital in North America north of Mexico. Fully restored, redeveloped, and open since August 2015, Le Monastère offers visitors a unique restorative experience, as well as several original ways to engage with the heritage of the Augustinian Sisters: experiential accommodations, a museum, an archive center, programming in holistic health and culture, mindful cuisine, a boutique, massage therapy and specialized treatments, and room rentals.

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For additional information or to request an interview with Andréanne Cantin, Museum Manager for Le Monastère des Augustines and Project Manager for the exhibition, please contact Caroline Maheu.

SOURCE :

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The realization of *Resonances. From Their Lives To Ours* was made possible through the invaluable support of several partners. Le Monastère des Augustines wishes to acknowledge their commitment to the preservation and enhancement of cultural heritage, particularly that of the women who shaped the history of Québec and Canada.

