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WELCOME
TO LE MONASTÈRE

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Here is some information
that will help you
fully enjoy your stay.

We look forward to welcoming you to the heritage site of the Monastère des Augustines.
Dedicated to wellness, Le Monastère has been extending hospitality to visitors for nearly four centuries.

COVID-19

THE PREVENTIVE MEASURES TAKEN BY LE MONASTÈRE

Le Monastère is taking the necessary measures to ensure the safety of its guests and employees :
<https://monastere.ca/en/landing/63-covid-19-preventative-measures-63>

All our visitors have access to **Le Monastère's square courtyard** and **private gardens**.

— RESTAURANT SERVICE —

Le Restaurant du Monastère is temporarily closed. However, a **simplified, ready-to-eat restaurant service is offered for dinner.** It is possible to reserve your meals in advance by telephoning us, or upon your arrival before 2 p.m.

— ACTIVITIES —

Please note that all our services are now open. Additionally, a **meditative walk at 9 a.m.** and a **relaxation activity at 4 p.m.** are offered every day, free of charge.

Access to Le Monastère

Access to Le Monastère is currently limited to the entrance at 77 rue des Remparts.

PLEASE NOTE

Check-ins start at 4 p.m. and checkouts are until 11 a.m.

Internet service is free

Quiet time is from 10:00 pm to 7:00 am.

For safety reasons, burning candles and incense is not permitted.

People with physical disabilities or carrying heavy luggages are invited to use the Group Entrance door, located at the front of the building.

Pets are not allowed. Service animals are welcome.

1 418 694-1639 or 1 844 694-1639 | info@monastere.ca | 77, rue des Remparts, Québec (QC) G1R 0C3 Canada | monastere.ca



— EVERY VISIT COUNTS —

Le Monastère des Augustines is a non-profit organization. All surplus funds and donations are used to protect and enhance the heritage of the Augustinian Sisters, to help with Le Monastère's mission to promote the wellbeing of individuals and society and to make its services accessible to as many people as possible. Your presence helps support our social and cultural mission.